

eduniqué

Parent Coaching & Life Skill Enhancements

First Stem Program

A program specially designed for Pregnant Parent Pairs and parents with children of ages 0 to 2 years.

Group
2 Sessions

One-to-one
8 Sessions

Duration
1 Hour

Price
₹10,000

**Using State of the Art
Methodologies & Tools**

Group

One-to-one

Audio & Video

Curriculum

Life Coaching

Habits to Build -
why, what, when & how

Culture at Home -
define & recreate

Communication
Activities

Storm Listening Sessions
(set expectations)

Diet Charts of Mind -
read, speak & think
(affirmations)

Energy Boosting Exercises
(aura therapy)

Monitoring Patterns

Create balance with
emotions & life

Catering to other problems
in personal sessions

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**Contact us
to join now!**

+91 97737 43007

**Basement Floor, Plot No. 8, Pocket C-8,
Sector-17, Dwarka, New Delhi - 110078**

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Parent Coaching & Life Skill Enhancements

SkillEvolve Program

A program specially designed for parents with children of ages 3 to 5 years.

Group
3 Sessions

One-to-one
9 Sessions

Duration
1 Hour

Price
₹15,000

**Using State of the Art
Methodologies & Tools**

Group

One-to-one

Audio & Video

Curriculum

Role of each Parent Individually
(parenting style)

Daily Balanced Routine

OCD & PTSD

Depression, Anxiety &
Panic Attacks

Communication Skills
2 levels

Conflict Management

Joint Family Handling

Support System

Time Management

Including topics like
life coaching, culture at home,
communication activities &
energy boosting exercises etc.

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Parent Coaching & Life Skill Enhancements

Skillioneer Program

A program specially designed for parents with children of ages 6 to 8 years.

Group
4 Sessions

One-to-one
12 Sessions

Duration
1 Hour

Price
₹18,000

Using State of the Art
Methodologies & Tools

Group

One-to-one

Audio & Video

Curriculum

Orientation
one-to-one

Personality Test

Learners Test

SWOT Analysis

Various Graphiology Tests

Customised Life Skills
to work on child wise

Including topics like
life coaching, culture at home,
communication activities &
energy boosting exercises,
conflict management &
daily balanced routine etc.

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Parent Coaching & Life Skill Enhancements

Catalyst Program

A program specially designed for parents with children of ages 9 to 15 years.

Group
6 Sessions

One-to-one
18 Sessions

Duration
1 Hour

Price
₹20,000

**Using State of the Art
Methodologies & Tools**

Group

One-to-one

Audio & Video

Curriculum

Activities based on
Psychometric Tests

Group & One-to-one Sessions

Manifestations & Affirmations

Emotional Intelligence Sessions

Communication & Listening Skills

Conflict Management

Including topics like
life coaching, culture at home,
communication activities &
energy boosting exercises,
daily balanced routine &
SWOT analysis etc.

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Parent Coaching & Life Skill Enhancements

Adulthood Program

A program specially designed for parents with children of ages 16 to 19 years.

Group
20 Sessions

One-to-one
8 Sessions

Duration
1 Hour

Price
₹25,000

**Using State of the Art
Methodologies & Tools**

Group

One-to-one

Audio & Video

Curriculum

Negotiation Skills

Interpersonal Skills

Problem Solving Skills

Other issues to be worked based on
each case & individual's challenges

Including topics like
life coaching, culture at home,
communication activities &
energy boosting exercises,
daily balanced routine,
emotional intelligence sessions
& SWOT analysis etc.

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Parent Coaching & Life Skill Enhancements

Alpha Female Program

A program specially designed for the women that want to achieve more in life.

Group
15 Sessions

One-to-one
3 Sessions

Duration
1 Hour

Price
₹15,000

**Using State of the Art
Methodologies & Tools**

Group

One-to-one

Audio & Video

Curriculum

SMART Goal Set Up

Self Branding & Presentation Skills

Personal Deep Matters of marriage or relations sorting

Maternal Skill Guidance

Customised One-to-one Life Coaching Skills

Storming Listening Sessions

Relationship Handling

Communication Skills

Management Skills

Cooking Skills

Gardening Skills

Balance Creation with cleansing exercises, aura therapy & affirmations

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